

Women's Empowerment Workshops

Lepaterique, Honduras



PROJECT SUMMARY

Your gift will help facilitate **women's skills-based training workshops for 30 women in the community of Lepaterique**. The *Women's Empowerment Workshop* acts as a baseline, and is led by a team of social promoters to **better understand the needs and social constraints of the women in the community**, which then informs the type of **skill-specific workshops that are offered** to them in the future.

PROJECT DETAILS

The *Women's Empowerment Workshop* consists of **15 interventions**:

1. **Body Image & Self-esteem**
2. **Motivation & Own Skills**
3. **Development of Business Ideas**
4. **Vocational Assistance to Youth in the Community**
5. **Discovery of Vocations & Talents**
6. **Talent Show & Vocations Exhibition**
7. **Interpersonal Relationships & Teamwork**
8. **Emotional Intelligence & Assertive Communication**
9. **Domestic & Social Violence**
10. **Ethical & Moral Values**
11. **Gender Equality & Empowerment of Women**
12. **Women's Leadership**
13. **Entrepreneurship of Women**
14. **Financial Education & Accounting Records**
15. **Realization of Business Action Plans**



Women from the previous group in San Antonio participating in the Campaign Against Domestic Violence and Violence Against Women



The women of Lepaterique who will be the beneficiaries of these women's empowerment workshops

PROJECT IMPACTS

Through these workshops, women will:

- **Become leaders and experts in their community** in their respective field of interest
- **Start their own business** and become **entrepreneurs**
- Earn additional income to be able to **provide for their families**, especially for those living below the national poverty line
- **Break down barriers** to access to formal training for women
- Play a role in **accomplishing Sustainable Development Goal #5**: Achieve gender equality and empower all women and girls

HOW YOU CAN HELP

**\$15,000 CAD = \$500 CAD per woman
x 30 women trained in 5 months**

Thank you for your kind consideration of this project. Together, we can provide the women of Lepaterique with life and professional skills, empowering them to become successful leaders in their community.