



A STRONG LEGACY

2022 IMPACT REPORT



A STRONG LEGACY

Legacy is on every page of this, my last Impact Report as the Outgoing Executive Director of Food For The Poor Canada.

I reflect on the faces of the children and families that I met over 15 years, the community leaders, partners and you, our donors, many who are now friends. I am blessed to have been part of the Food For The Poor family and the impact we've had.

Ferdinand Mahfood began the FFP legacy 41 years ago. He inspired people to join him to work for his brothers and sisters in the Caribbean and Latin America and over the years, the FFP family has touched millions of lives.

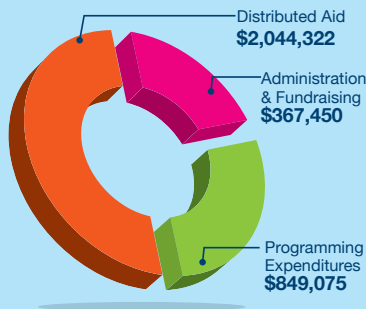
I am deeply grateful for the work we did together in 2022, as well as all that we have accomplished over the last 15 years. We have built a strong foundation, a family of supporters, partners, staff, and board members to help communities in the Caribbean and Latin America to thrive.

Thank you for building this legacy with me and for continuing to grow it with your kind ongoing support. I will remain involved, supporting the staff and board in an ongoing and meaningful way as they take Food For The Poor Canada to the next level, increasing the work and the impact of this great organization. I will always be a part of the FFPC family, and I hope you will be too.

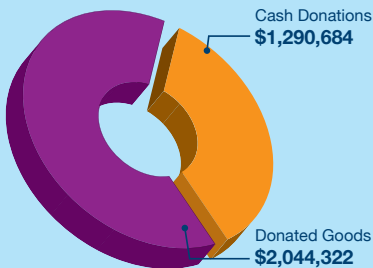
Samantha Mahfood

Founder and Outgoing Executive Director
Food For The Poor Canada

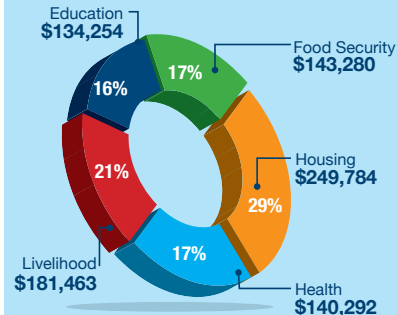
EXPENDITURES 2022



RESOURCES 2022



TRANSFORMING LIVES THROUGH



Programming expenditures cover the building of villages, homes, and schools, as well as purchasing and shipping aid. FFPC has maintained a programming ratio of 77%, not including gifts in kind, and greater than 95% with both GIK and cash donations over the last 14 years.

2022 FINANCIALS

15 YEARS OF BUILDING A STRONG LEGACY

Canadians have made a huge impact working with Food For The Poor Canada and their partners in the Caribbean and Latin America.



38 NEW SCHOOLS
creating ideal learning spaces for 2,500 children



25 MILLION MEALS
to nourish the hungry



\$42M WORTH OF MEDICINE
and medical supplies to help the sick in clinics and hospitals



189 HOMES
providing families with a safe and beautiful place to live



SCHOOL SUPPLIES
265,000 pencils, 60,000 pens, and 10,000 books



140 PEOPLE TRAINED
in empowerment workshops and livelihood



175 BEDS/MATTRESSES
for hospital patients



35 PLAYGROUNDS
to give children a space to play and be active



6,000 BACKPACKS
filled with school supplies for students



150 TEACHERS
received educational training



5,500 NEWBORN KITS
for babies and mothers



9M AQUA TABLETS
shipped for inclusion in emergency kits and water purification



EDUCATION

YOUR KINDNESS IS HELPING SCHOOL CHILDREN THRIVE

JAMAICA


- Built 2 schools with over 45 Canadian volunteers at Bourne Gordon's Preschool and Kindergarten, the 25th school built by Helping Hands Jamaica Foundation, and Valley Christian Ministry Basic School, for a total of 37 schools built in Jamaica by FFPC
- 46 scholarships for Kindergarten students to support with books, lunch, and school fees
- 1,400 books and over 200,000 pencils

GUYANA

- 400 backpacks filled with school supplies and 400 pairs of shoes

*Updates from 2021

- 70 tablets enabling students in Jamaica to succeed in a virtual learning environment and to improve their digital literacy skills
- 15 new musical instruments to school children at Every Child Counts in the Bahamas, serving those with physical and mental disabilities



"It was great to be able to participate in this hands-on build for the school, and contribute to the educational efforts that are happening in Jamaica to make our children have a solid basic education to get started in life."

Audrea Golding,
FFPC BOARD MEMBER



VILLAGES AND LIVELIHOOD

YOU ARE HELPING TO TRANSFORM LIVES

SAN ANTONIO, HONDURAS

- Continued support for 13 farmers and 3 beekeepers with tools and training
- The first group of 50 students started using the new greenhouses in early 2022, and will continue to receive training
- 22 scholarships for students to become certified truck drivers
- You funded a women's income-generation centre which broke ground in early 2023

BARAMITA, GUYANA

- 12 families increased their food security through the construction of chicken coops and received training, chickens, and chicken feed

LLANDEWEY, JAMAICA

- Onion farming pilot project for one female farmer within a larger livelihood program

DERAC, HAITI

- The last 15 homes were built in Derac, for a total of 60 homes provided to families over the last three years

BARRIERE BATTANT, HAITI

- A home for Elicianne Bonne-Foi and her family in the community of Barriere Battant



**Elicianne and her family in front of their new home.
Barriere Battant, Haiti**



FOOD SECURITY

YOU ARE FEEDING THE HUNGRY

JAMAICA: Approximately 1,430 students in 25 schools across Jamaica enjoyed nutritious lunches all year.

GUYANA: 42 nursery and primary students received a hot, nutritious meal, a piece of fruit, and a cup of juice every day for one year at Kuru Kuru Primary School.

GUYANA: 30 families received food hampers in time for Christmas.

FFPC Addresses These UN SDG's





EMERGENCY FOOD CAMPAIGN

Thank you for sending 3.1 million meals to families and children across Honduras, Jamaica, and Haiti.

We reached an incredible milestone of over 25 million meals sent since 2010!

You helped us ship four containers of vegetable soup, beans, barley, potatoes, and quinoa flakes provided by Canadian farmers and volunteers at Ontario Christian Gleaners and North Okanagan Gleaners.

7 AFFORDABLE AND
CLEAN ENERGY



8 DECENT WORK AND
ECONOMIC GROWTH



10 REDUCED
INEQUALITIES



15 LIFE
ON LAND



17 PARTNERSHIPS
FOR THE GOALS





HEALTH

PROVIDING HEALTHCARE AND MEDICINE

HONDURAS

- 1,000 residents have access to medical care and treatments from a new health clinic in San Antonio. Community members no longer have to walk 2+ hours to receive medical care.

HEALTH SHIPMENTS

- Over \$1.7 million worth of medicine and PPE was shipped to Honduras and Jamaica for distribution among hospitals and health centres.
- 520 period kits for young women living in children's homes in Jamaica and Honduras.
- 468 newborn kits helped new mothers and their babies with clothing and supplies.
- 2.8 million aqua tablets for water purification and for inclusion in disaster relief kits.
- 200 Lucky Iron Fish that are used to enrich meals lacking in iron and help prevent iron-deficiency anemia.

“It is a dream come true. We are infinitely grateful for this nobility of heart to serve the population that needs it the most, [especially] in something as important as health.”

Edil Santos

Nurse in the community of San Antonio



LEGACY

TRIBUTE TO FERDINAND 'FERDY' MAHFOOD

Samantha Mahfood, Founder, FFPC

Ferdinand Mahfood began the FFP legacy 41 years ago. His work for people in the Caribbean and Latin America touched millions of lives. His legacy is the 1000 employees, the board members, the partners, the countless donors that work across the region continuing to work for communities and families who need a hand up. One man can do anything when he motivates thousands to join him to do the work God called him to do.



Ferdy's goal for the families and children served by the charity was that they break free from the cycle of poverty. He believed that education and self-help must fortify charity work to make a true difference. Since inception, Food For The Poor has distributed close to \$20 billion worth of food, medicines, educational supplies and more. The organization has built 100,000 homes and provided infrastructure, schools, community centres and health clinics for hundreds of communities. It teaches men and women to farm and fish, provides scholarships, vocational training, and more.



Our family, while we mourn the passing of Ferdy, we rejoice in his life and his founding of Food For The Poor, which has benefited hundreds of thousands of recipients in the Caribbean and Latin America. Ferdy is now right where he always wanted to be, with our Lord God in Heaven.

When I was 16, Uncle Ferdy founded Food For The Poor; he started to bring people from the US to Jamaica to show them the need, to ask them for their help.

Growing up in Jamaica, I thought, what can one man do to change poverty and suffering. Over the last 40 years, I have watched what one man, with God's help, can do; inspire, engage and motivate thousands of other people to help families thrive in Jamaica, the Caribbean and across Latin America.

His legacy is the living breathing group of people we call Food For The Poor, the staff, board, donors, partners, and the people that he loved with all his heart, families who need our support.

A Message From The Board of Directors

BUILDING ON OUR STRONG LEGACY

2023 is a year to stop and celebrate 15 years of work which has created positive change for families in the Caribbean and Latin America. Our thanks go out to you, our donors, as well as our partners and staff for the lives that have been impacted.

The Food For The Poor Canada Board is honoured to support this great mission. We continue to build our board thoughtfully to ensure diverse skill sets, viewpoints, networks, and knowledge.

We are excited to do even more and will continue to support our passionate and hardworking FFPC staff. The satisfaction we get from building on the strength of the organization, adding to the governance and the sustainability, the transparency, and the impact is a blessing.

Thank you for your continued support of the work of FFPC and of the people we serve.

Richard Verasamy and Cherie Payne,
Co-chairs, on behalf of the FFPC board directors





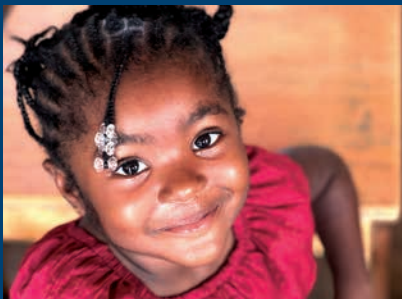
PARTNERS

**Thank you to our generous Canadian donors and partners for 15 years of making an impact.
Your generous contributions and consistent support are making a difference in the lives of so many.**

Grant and Alice Burton
Margaret McCain
William and Karen Rickert
Donette Chin-Loy Chang
Barry Picov
Audrea Golding
Brigitte Chang
Jeffrey and Susan Brown
Julie Mahfood
Kevin Reynolds
The Ready family
Shane Carter
The Josephs family
Margaret and Dick Williams
Sharon Girard
Michael and Sonya Lee-Chin
Carla Maarse
Carrol and Richard Verasamy
Kami Foo Loi
Karl Hale
Wayne and Nigela Purboo
Cynthia Currie
Himal Mathew
Christina Haddad
The Garneau family
Samantha Mahfood

Health Partners International of Canada
Ontario Christian Gleaners
Helping Hands Jamaica Foundation
The Petman Foundation
The Alan Quesnel Family Foundation
GlobalMedic
Okanagan Gleaners Society
Starcan Corporation
Kisko Products
Joy & Hope of Haiti
North Okanagan Valley Gleaners
Morrison Financial Mortgage Corporation
Scotiabank
G. Raymond Chang Family
ICHSAA Foundation
Enable Haiti
Royal Bank of Canada Foundation
World Class Jamaica
Nicholson Catholic College
Holy Cross Secondary School
Zebra Pens
Empower Global
Canadian Jamaican Medical Assistance Society
Regiopolis-Notre Dame Catholic High School
Westover Layette Ladies
Help a Girl Out

College Park Covenant Church
Danbar Distribution
Alliance of Jamaican Alumni Associations
Meadowbrook Alumnae
MAJ Manitoba
Caribbean Chinese Association
Kiwanis Club of Toronto
The Jamaican Canadian Association
Verdun Foundation
Air Transat
Tony D'Apice and Race Data
Ajax Downs
Westmoreland Basic School Support
Ve'ahavta
Jambana
The Globe and Mail



FOOD + HOUSING + EDUCATION + HEALTH + LIVELIHOOD

HAPPENS WITH YOUR PARTNERSHIP

THANK YOU!

BOARD: **Andre Bastian**
(Co-Chair) Wealth
Management

Aiman Elnahas
Senior Manager,
Power Generation

Audrea Golding
Immigration Lawyer

Ananth Krishnan
CFA, Vice President
Strategies Finance

Celia Meikle
(Treasurer) CPA, CA,
Audit and Assurance in
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Lisa Moore
Director of a National
Social Justice Program

David Oswald
Founder and President, DE Design
+ Environment Inc., and Associate
Professor at Royal Roads University

Cherie Payne
(Co-Chair) Communications, Advocacy,
and Government Relations Strategies

Claire Rudder
Senior Human Resources Leader

Bahaa Samy
Senior Executive in Renewable
Energy Sector

Richard Verasamy
(Incoming Co-Chair 2023), CPA,
CA, Senior Executive and CFO



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Canadians have the opportunity to change the lives of one family, or an entire community, in Latin America and the Caribbean by working with Food For The Poor Canada.